

What's On Term 1 2016

160 Portrush Road,
Trinity Gardens
(enter via Devitt Ave)



Trinity Gardens
Children's Centre
for Early Childhood
Development and Parenting



Director: Rowena Tennant
CDC: Cathy Tomaselli
FSC: Petra Brown
Phone: 8333 2557
<http://www.trinitygardenscc.sa.edu.au/>
Email: info@CCTrinity575@schools.sa.edu.au

Monday	Tuesday	Wednesday	Thursday	Friday
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Sessional preschool Monday to Thursday Trinity Gardens ELC Contact Rowena: 8431 4170

Australian Breastfeeding Association(ABA) Office attended Tuesday to Friday 10am – 2pm Phone: 8333 3276

<p>Occasional Care During the school term 8.30am- 11.30am Community and Crèche Room Cost: \$5 or \$1.50 for concession card holders</p> <p>Contact: Rowena or Alison Ph: 8333 2557</p>	<p>Kinderspiel Steiner inspired playgroup for families with toddlers and children under 5 9.30am- 11.30am Starting 9th February Community Room Cost: \$5 per child \$2.50 per extra child Contact: Cathy and Emma Ph: 8333 2557</p>	<p>Playgroup Community playgroup for families with toddlers and children under 5 9am- 11am Community Room Cost: \$2 per child</p> <p>Contact: Cathy and Emma Ph: 8333 2557</p>	<p>Occasional Care During the school term</p> <p>Session one: 8.30am- 11.30am Community and Crèche Room</p> <p>Contact: Rowena or Alison Ph: 8333 2557</p>	<p>Playgroup Community playgroup for families with toddlers and children under 5 9.00am- 11.00am Community Room Cost: \$2 per child</p> <p>Contact: Cathy & Emma Ph: 8333 2557</p>
<p>Health first Network Peri Natal Wellbeing</p>  <p>Fortnightly 9.00am- 4.30pm Consulting Room</p> <p>For further information contact Fiona Glover on 0412 613 600</p>	<p>Early Parenting Group (6 week program) 1.30pm- 3.30pm Starting 9th February Community Room By Referral</p> <p>Facilitated by Child and Family Health Service staff (CaFHS) 1300 733 606</p>	<p>My Time Support group for parents and carers who are caring for a child with a disability, medical condition or developmental delay</p> <p>9.30am- 11.30am Starting 10th February</p> <p>Enquires and bookings: Silvana: 0488 151 789</p>	<p>Occasional Care During the school term</p> <p>Session two: 12.15pm- 3.15pm Community and Crèche Room</p> <p>Contact: Rowena or Alison Ph: 8333 2557</p>	<p>Mum's and Bubs Yoga From birth to crawling 11.30am- 12.45pm</p> <p>1st and 3rd Friday of each month Starting 5th February</p> <p>Bookings Essential Contact: Shauna Slingsby At info@waveyoga.com Or 0431 909 878</p>
<p>CAMHL Child Wellbeing Service</p> <p>Fortnightly Mondays and Tuesdays 8.30am- 4.30pm Consulting Room</p> <p>For further information, contact GP partners Australia on 8112 1100 or speak to your child's teacher.</p>	<p>Playgroup en Española Spanish Speaking Playgroup All Welcome 12.00pm- 2.00pm Starting 2nd February</p> <p>Community Room Cost: \$2 per child</p> <p>Contact: Cathy and Emma Ph: 8333 2557</p>	<p>Circle of Security A Parenting group designed to strengthen your relationship with your child, including new ideas for understanding struggles and successes with our Children.</p> <p>12.30pm- 2.30pm Starting 24th February</p> <p>Contact: Petra Ph: 8333 2557</p>	<p>Midwife Clinic 8.15am- 5.00pm Consulting Room</p> <p>Contact the pregnancy SA Referral line on 1300 368 820 or speak with the Children's Centre staff. www.childrenscentres.sa.gov.au/antenatal</p> 	<p>Toddler Yoga Playgroup Learn yoga poses for you and your baby 12.45pm- 1.30pm 1st and 3rd Friday of each month Starting 5th February</p> <p>Bookings Essential Contact: Shauna Slingsby</p>
<p>Family Wellbeing You and your child/ren are welcome to come along and learn through activities how to better understand your child's emotional needs 12.00pm- 2.00pm Cost : Free Lunch Provided Starting 15th February Fortnightly Bookings are essential Contact: Petra, Cathy and Emma Ph: 8333 2557</p>	<p>Come and Play Music Music and songs for parents and their children 0 - 24months 3.30pm- 4.15pm Starting 2nd February Cost: \$5.00 per session Community Room Facilitated by Cindy-Anne Macdonald Contact: Cathy and Emma Ph: 8333 2557</p>	<p>Fun with Family Music Bringing parents, toddlers and babies together with music 6 week program 3.30pm- 4.30pm Starting 17th February Cost \$30.00 1st child \$15.00 2nd child Community Room Facilitated by Penny Hewson Contact: Cathy and Emma Ph: 8333 2557</p>	<p>medicare local CENTRAL ADELAIDE AND HILLS Connecting health to meet local needs</p>  <p>GP partners AUSTRALIA supporting GPs to care for the community</p>	<p>Unley/Burnside ABA Group Meeting</p> <p>4th Friday of each month 11.30am- 1.30pm Community Room All parents and parents to be welcome Contact: Trish Pepper Ph: 8272 0148</p> 

Please check the availability of programmes, most run during the school term. For all Enquires and Booking please contact: 8333 2557